

Jennifer K. Allen, M.S.W.

she/ her/ hers

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Education

Michigan State University East Lansing, MI
Ph.D., Social Work 2018 – present

Guidance Committee Chair: Hyunkag Cho, Ph.D.

Guidance Committee Members: Heather McCauley, Ph.D., Carrie Moylan, Ph.D., & Jae Puckett, Ph.D.

M.S.W., Clinical Social Work 2016 - 2018

University of Michigan Ann Arbor, MI
B.A., Psychology with Honors, Creative Writing & Literature with Honors 2012 - 2016

Honors & Awards

- Doctoral Summer Research Fellowship, Michigan State University School of Social Work. \$3,500. 2019.
- Honors Summer Research Fellowship, University of Michigan Honors Program. \$4,000. 2015.
- A.A. Sink Alumnae Club Scholarship, University of Michigan Alumnae Council. \$3,500. 2014 & 2015.
- Demaline Alumnae Scholarship, University of Michigan Alumnae Council. \$4,500. 2014 & 2015.
- Merit Scholarship, University of Michigan. \$10,000. 2014.
- Woodlock Alumnae Scholarship, University of Michigan Alumnae Council. \$3,500. 2013.

Mentoring

- Madi Boyle, BSW student, Michigan State University, 2021-2022

Peer-Reviewed Publications

Kim, W., Cho, H., Hong, S., Nelson, A., & **Allen, J.** (Accepted). Concurrent intimate partner violence: Survivor health and help-seeking. *Violence Against Women*.

Lee, J., **Allen, J.**, Lim, H., Choi, G., & Jung, J. (Accepted). The moderating effect of age on low-income students' relationships with mentors and their self-efficacy since COVID-19. *Frontiers in Psychiatry*.

Nelson, A., **Allen, J.**, Cho, H., Yun, S. H., Choi, Y. J., & Choi, G. Y. (Accepted). Intimate partner violence and openness to online counseling among college students. *Journal of Family Violence*.

Lee, J., & **Allen, J.** (2022). Young women's food consumption and mental health: The role of employment. *BMC Women's Health*, 22(91). <https://doi.org/10.1186/s12905-022-01675-4>

- Lee, J., **Allen, J.**, Lim, H., & Choi, G. (2022). Dual mediating effects of information and communication technology resources and family satisfaction on COVID-19 knowledge among middle school students. *SAGE Open*. <https://doi.org/10.1177/21582440221079897>
- Lee, J., & **Allen, J.** (2021). Gender differences in healthy and unhealthy food consumption and its relationship with depression in young adulthood. *Community Mental Health Journal*, 57, 898-909. <https://doi.org/10.1007/s10597-020-00672-x>
- Lee, J., & **Allen, J.** (2021). The role of young adult children's income in the relationship between single mothers' poverty and their young adult children's depression. *Journal of Family Issues*, 1-20. <https://doi.org/10.1177/0192513X20984497>
- Lee, J., **Allen, J.**, Lim, H., & Choi, G. (2021). Determinants of behavioral changes since COVID-19 among middle school students. *Healthcare*, 9, 75. <https://doi.org/10.3390/healthcare9010075>
- Lee, J., **Allen, J.**, Lim, H., Choi, G., & Jung, J. (2021). The role of a mentorship program on the relationship between neglect and depression among adolescents in low-income families. *International Journal of Environmental Research and Public Health*, 18(13), 7010. <https://doi.org/10.3390/ijerph18137010>
- Lee, J., Lim, H., **Allen, J.**, & Choi, G. (2021). Effects of learning attitudes and COVID-19 risk perception on poor academic performance among middle school students. *Sustainability*, 13(10), 5541. <https://doi.org/10.3390/su13105541>
- Lee, J., Lim, H., **Allen, J.**, & Choi, G. (2021). Multiple mediating effects of conflicts with parents and self-esteem on the relationship between economic status and depression among middle school students since COVID-19. *Frontiers in Psychology*, 12, 712219. <https://doi.org/10.3389/fpsyg.2021.712219>
- Lee, J., Lim, H., **Allen, J.**, Choi, G., & Jung, J. (2021). Smartphone addiction and depression among low-income boys since COVID-19: The moderating effect of being an only child. *Healthcare*, 9, 1350. <https://doi.org/10.3390/healthcare9101350>
- Seon, J., Cho, H., Han, J.-B., **Allen, J.**, Nelson, A., & Kwon, I. (2021). Adverse childhood experiences, intimate partner violence victimization, and self-perceived health and depression among college students. *Journal of Family Violence*. <https://doi.org/10.1007/s10896-021-00286-1>
- Seon, J., Cho, H., Han, J.-B., **Allen, J.**, Nelson, A., & Kwon, I. (2021). Help-seeking behaviors among college students who have experienced intimate partner violence and childhood adversity. *Journal of Family Violence*. <https://doi.org/10.1007/s10896-021-00311-3>
- Lee, J., & **Allen, J.** (2020). Mother's educational attainment and their young adult daughters' fast food intake: The role of race/ethnicity. *Health Care for Women International*, 41(2), 169-187. <https://doi.org/10.1080/07399332.2019.1669606>
- Lee, J., & **Allen, J.** (2020). Mothers' income and young adult children's education and fast food intake. *American Journal of Health Behavior*, 44(5), 681-690. <https://doi.org/10.5993/AJHB.44.5.11>
- Lee, J., & **Allen, J.** (2020). The intergenerational transmission of income mobility between mothers and their young adult daughters: The mediating role of their daughters' educational attainment. *Social Policy & Administration*, 54(6), 971-983. <https://doi.org/10.1111/spol.12631>

Lee, J., & **Allen, J.** (2020). Young adults' economic well-being and mental health: The mediation model of self-esteem. *The American Journal of Psychology*, 133(3), 329-339. <https://doi.org/10.5406/amerjpsyc.133.3.0329>

Reviewer for Peer-Reviewed Journals

- Child: Care, Health & Development

Other Publications

Lee, J., & **Allen, J.** (2021). A critical review of trajectories of depression for middle aged adults. *Biomedical Journal of Scientific & Technical Research*, 35(4), 27848-27849. <https://doi.org/10.26717/BJSTR.2021.35.005731>

Lee, J., & **Allen, J.** (2021). Considering the effects of mothers' economic resources on their children's physical and psychological health. *Archives of Community Medicine and Public Health*, 7(1), 006-007. <https://doi.org/10.17352/2455-5479.000124>

Lee, J., & **Allen, J.** (2021). Net worth and mental health problems. *Journal of Biomedical Research & Environmental Sciences*, 2(3), 095-096. <https://doi.org/10.37871/jbres1195>

Lee, J., & **Allen, J.** (2021). The intergenerational effect of mother's depression on their young adult children's depression. *Archives of Depression and Anxiety*, 7(1), 008-009. <https://doi.org/10.17352/2455-5460.000058>

Lee, J., & **Allen, J.** (2020). An integrated perspective of food consumption and depression in young adulthood. *Journal of Depression and Anxiety Disorders*, 2(1), 66-67. DOI: 10.36959/362/474

Peer-Reviewed Presentations

Allen, J., Nelson, A., & Cho, H. (2022, Jan.) *Adverse Childhood Experiences, Intimate Partner Violence & Depression Among LGBTQ+ College Students*. Virtual poster presentation at the hybrid Society for Social Work and Research Conference, Society for Social Work and Research.

Allen, J. (2021, May). *Sexual Orientation, Intimate Partner Violence and Negative Mental Health Symptoms in a Sample of College Students*. Virtual poster presentation at the virtual National LGBTQ Health Conference.

Allen, J., Guevara Warren, A., Sun, F., & Brock, M. (2021, Jan.). *Strategies to Address Challenges Faced by Kinship Caregivers: Implications for a Statewide Kinship Navigator Program*. Virtual poster presentation at the virtual Society for Social Work and Research Conference, Society for Social Work and Research.

Nelson, A., **Allen, J.,** & Cho, H. (2021, Jan.) *Personal Characteristics of College Students and College Intimate Partner Violence Survivors and Openness to Online Counseling*. Virtual poster presentation at the virtual Society for Social Work and Research Conference, Social for Social Work and Research.

Allen, J., Gennety, K., Green, S., & Cho, K. (2020, Jan 18). *Challenges for Service Providers in Meeting Varying Needs of Survivors of Intimate Partner Violence*. Poster presentation at the Society for Social Work and Research Conference, Society for Social Work and Research, Washington, D. C., United States.

Other Presentations

Allen, J., Eaton, M., Nelson, A., & Wager, J. (2020, Nov 16). *Social Workers' Knowledge, Attitudes and Self-Efficacy Related to Opioids and Opioid Users*. Virtual oral presentation at the Michigan State University School of Social Work Lunch & Learn Session.

Allen, J., Nelson, A., & Cho, H. (2020, March 13). *Challenges for Service Providers in Meeting Varying Needs of Survivors of Intimate Partner Violence*. Michigan State University Office of Prevention, Outreach and Education [POE] Summit, East Lansing, MI, United States. (Summit canceled due to COVID-19 pandemic)

Allen, J. (2020, Feb 10). *Intimate Partner Violence, Sexual Orientation and Mental Health in College Students*. Michigan State University School of Social Work Lunch & Learn Session, East Lansing, MI, United States.

Allen, J. (2016, April). *Scientist or Secretary? The Detrimental Effects of Microaggressions in Science on Women's Psychological Well-Being*. Poster presentation at the Department of Psychology Honors Program Symposium, University of Michigan, Ann Arbor, MI., United States.

Allen, J., Grombala, A., & Helmer, S. (2013, May). *The Effects of Gendered Photographic Displays on Science Performance*. Poster presentation at the Undergraduate Research Opportunity Program Symposium, University of Michigan, Ann Arbor, MI, United States.

Teaching Experience

Instructor East Lansing, MI
Department of Psychology, Michigan State University May 2022 – June 2022
PSY316: Children Exposed to Domestic Violence (Online Asynchronous)

Teaching Mentee East Lansing, MI
Department of Social Work, Michigan State University Jan. 2022 – May 2022
SW832: Evaluating Social Work Programs and Practice (Online Asynchronous)
Instructor: Dr. Erica Shifflet-Chila

Research Experience

Graduate Research Assistant East Lansing, MI
Department of Social Work, Michigan State University Aug. 2018 – present

Research Assistant East Lansing, MI
Michigan State University, Department of Ecological-Community Psychology April 2017 - Aug. 2018

Undergraduate Student Research Assistant Ann Arbor, MI
University of Michigan, Department of Social Psychology Oct. 2013 - April 2016
Stereotypes & Prejudice Research Interest Group

Research Interests

- LGBTQIA+ identities
- Cumulative victimization across the lifespan (intimate partner violence, sexual violence, identity-based victimization, etc.)

- Health outcomes of violence exposure
- Help-seeking behaviors after violence exposure
- Interventions to address violence prevention and resiliency after violence exposure, utilizing an empowerment and trauma-informed perspective.

Professional Experience

Clinical Social Work Intern

Gateway Youth Services, Child & Family Charities

Lansing, MI
Sep. 2017 - May 2018

School Social Work Intern

Heartwood School, Ingham Intermediate School District

Mason, MI
Sep. 2016 - May 2017

Professional Memberships

- Society for Social Work and Research [SSWR], Student Member, 2019 - present